A Multidisciplinary Approach to the Prevention of Ear Pressure Ulcers
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Project Aim
To decrease the number of ear Hospital Acquired Pressure Ulcers (HAPU) related to the use of nasal cannulas in the adult, acute population by at least 50 percent.

Description of the Problem
- Audits identified greater than 25% of HAPUs occurred over the ears related to the use of nasal cannulas.
- Analysis of the problem: revealed that pressure ulcer development was the result of the use of rigid oxygen tubing.

Background
A Hospital Acquired Pressure Ulcer (HAPU) is a negative outcome from a quality of life and a financial reimbursement standpoint, and all healthcare providers play a role in protecting the patient from this adverse event.

“Skin Saver” team audits, provide hospital wide monthly snapshots of pressure ulcer prevalence utilizing the NDNQI criteria.

Actions Taken
A multidisciplinary team, comprised of Skin Savers, Wound Care, Central Distribution, Nursing, Respiratory and Quality, convened to perform a FOCUS PDSA and formulate an action plan.

Decision/Action Plan:
- Trial a soft nasal cannula, on a designated nursing unit, and compare pressure ulcer prevalence to like units utilizing the existing product comprised of a rigid plastic material.
- Education to staff on appropriate application of the nasal cannula and the importance of daily assessment, and early intervention.

Summary of Results
The trial resulted in a decrease in the number of pressure ulcers on the designated unit of 100%.
Sustained improvement with greater than 90% decrease in the prevalence of pressure ulcers related to the ear over the past two years.

Impact on Organization
- $50,000 savings for Passavant Hospital
- Proprietary elastomeric medical thermoplastic Nasal Cannula implemented throughout facility and health system
- The Wound & Skin Department adopted the PDSA Focus as the template for all future quality improvement efforts.

References

Impact on Organization
- Hospital Acquired Pressure Ulcers on Ears
  - 2012
  - 2013
  - 2014

Project Team
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- Janet Semmens, RN, Unit Director, Wound Care
- Constance Pearson, MPH, CPHQ, RN, Quality and Risk Department
- Linda Brione, MRT, Director, Respiratory Therapy
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- Terrie Craig, MSN, APRN, BC-RN, Nurse Clinician, 3 Main
- Melissa Jackson, BSN, RN, Nurse Clinician, 3 Main
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- Melissa Godfrey, RRT Lead Respiratory Therapist, Quality Council Representative
- “Skin Savers” Skin Care Team Unit Representatives